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Career Decision Fair comes to South Texas

On March 2 and 3, NAS Corpus Christi will sponsor the Center for Career Development’s Career Decision Fair. The fair is dedicated to giving career information directly to junior Sailors and Officers and to training Command Retention Teams. It also provides Sailors and their families with support to make informed, unemotional career decisions and also provides commands with resources and information to assist their retention efforts. Enlisted detailers will also be on hand for those wishing to discuss their next permanent change of station orders.

Attendance is highly recommended. The briefings are open to all active duty service members and spouses. The following is a brief synopsis and schedule of the topics to be covered during the Career Decision Fair:

Career Information briefs: Fair and balanced comparison of current Navy and private sector compensation, benefits and quality of life opportunities. Enlisted briefs area conducted by Transitions Professionals from Ruehlin Associates. Junior officer briefs are conducted by NPC personnel with support from private sector job placement and human resources personnel. Senior officers receive the junior officer brief with some modifications for retention data. Spouses are welcome to attend any of the scheduled Career Information briefs.

Officer Career Information brief: A balanced comparison of Navy and private sector compensation and benefits presented by

CCD personnel, followed by a detailing overview by PERS 40, 41 or 43 personnel as appropriate.

Enlisted Selection Board brief: Information on managing your advancement potential; enlisted record preparation prior to an advancement selection board; etc.

Tuesday, March 2	6:30 p.m. – 8 p.m. Officer Career Information for Spouses For: All Officer Spouses
8:30 a.m. – 4 p.m. Enlisted Detailers available	
8:30 a.m. – 11:30 a.m. Junior Officer Career Management brief For: O-4 and below	Wednesday, March 3
8:30 a.m. – 10 a.m. Junior Enlisted Career Management brief For: E-5 and below	8:30 a.m. – 4 p.m. Enlisted Detailers available
3 p.m. – 4 p.m. Enlisted Selection Board brief For: E-5 thru E-8	8:30 a.m. - 10 a.m. Junior Enlisted Career Management For: E-5 and below
	*** All briefs and detailer visits will be held at the Gulfstream Recreation Center

HM-15 dedicates “Wall of Honor” to HM-16

Story and photos by Lt. j.g. Jim Schwarze
HM-15 PAO



Cmdr. Paul Lluy, HM-15 commanding officer, proudly stands next to the “Wall of Honor” dedicated to the “Seahawks” of HM-16.

Helicopter Mine Countermeasures Squadron Sixteen (HM-16) was officially decommissioned on Jan. 2, 1987; he same ceremony on board Naval Station Norfolk that disestablished HM-16 also commissioned HM-15. To celebrate our HM-16 heritage, the “Blackhawks” of HM-15 have dedicated a “Wall of Honor” in the commanding officer’s passageway at hanger 42 on board NAS Corpus Christi.

The wall contains eight by ten portraits of Cmdr. Robert V. Goodloe, Cmdr. Raymond M. Carlton, Cmdr. Paul F. Erny, Cmdr. James L. Hughes, Cmdr. Michael L. Lagow and Cmdr. Donald F. Beach, who all served as commanding officer of HM-16. There is also a commissioning picture of HM-16 and the squadron’s insignia along with a placard of all the skippers and the dates they held command mounted on the wall.

Building the “Wall of Honor” was no easy task. The former HM-16 commanding officers had to first be located, then contacted. Once these skippers were asked to provide their commanding officer portraits, they were then faced with the job of locating the pictures. Each of them had to search through boxes in their attics, basements and garages, or rob them from the walls of their studies. This may sound like a simple chore, but some of the pictures had been put away for close to 20 years. Once the portraits were located, they were all shipped to HM-15. Shortly after receiving these pictures and with the help of a level, hammer and a few nails, the wall was complete.

So, if you’re ever on board NAS Corpus Christi and have a moment to spare come on by the squadron, in hanger 42, and check out the “Wall of Honor” dedicated to HM-16. A BRAVO ZULU from the “Blackhawks” of HM-15 to all of the “Sea Hawks” of HM-16, and a special thanks to the commanding officers of HM-16 for making this possible.

From the Skipper

Navy core values: Know them, live them
By Capt. Paula Hinger



Hinger

Honor, courage, commitment: these “words” are our Navy’s core values. Every member of the naval service should understand and live by these core values. But how many of you have really stopped to think about what these “words” really mean? What role do these “words” play in our great country’s Navy?

It’s actually very simple: Our core values, honor, courage and commitment, are values we are asked to take to heart before we make the final pledge to serve our country and are the critical components of how we function as a service. Our core values are built upon a foundation that was laid down more than 200 years ago, when the U.S. Navy was first established. When you look back into our Navy’s history, you can see how events and traditions shaped our service. We have learned that people are essential to the success of our mission. Those lessons have been paid for with blood and sacrifice. Our core values are the culmination of those lessons and strengthen our ability and resolve to be ready for conflict -- fight when called upon and be victorious in the effort. Our core values are how we define and identify our Navy and, ultimately, ourselves.

Honor:
“I will bear true faith and allegiance...” Accordingly, I will: abide by an uncompromising code of integrity, taking full responsibility for my actions and keeping my word. Conduct myself in the highest ethical manner in relationships with seniors, peers and subordinates. Be honest and truthful in my dealings within and outside the Navy. Fulfill my legal and ethical responsibilities in my public and personal life.

Courage:
“I will support and defend...” Accordingly, I will: have the courage to meet the demands of my profession and the mission entrusted to me. Make decisions and act in the best interests of the Navy and the nation, without regard to personal consequences. Overcome all challenges

Chaplain’s Corner

Love in the air
By Lt. Robert Christian

Valentine’s Day has come and gone. Note to self: be more spontaneous next year; candy AND flowers, definitely not an either/or situation. Gift often; give well.

I am reminded of the guy whose wife asked him why she never hears the words “I love you” anymore. His answer was that he told her 25 years ago that he loved her and if anything changes he would let her know.

Love is something that must be communicated on a regular basis, not just once a year. Maintaining great relationships

requires constant attention and hard work. When a friendship is on the decline it is because communication lines have broken down. Frustrations not spoken become resentments and then those evolve into full-blown anger. As the emotions strive for equilibrium, apathy begins to creep in until there is no more fight left, nor is there energy to make things right.

As the great theologian Barney Fife once said, you’ve got to nip it in the bud, nip it, nip it, nip it! Communicate often; communicate well. Love is a wonderful gift from God that satisfies a longing to be wanted; be cherished. Love should be spoken and it should be expressed in actions.

while adhering to the highest standards of personal conduct and decency. Be loyal to my nation by ensuring the resources entrusted to me are used in an honest, care and efficient way.

Commitment:
“I will support and defend...” Accordingly, I will foster respect up and down the chain of command. Care for the professional, personal and spiritual well being of my people. Show respect toward all people without regard to race, religion or gender. Exhibit the highest degree of moral character, professional excellence, quality and competence in all that I do.

You may not realize it, but these core values are woven throughout everyday tasks, missions, meetings and other daily routines. For example, when you are at a meeting with different types of people, regardless of race, creed, sex or color, do you address them differently? No, you give them the respect that they’re entitled to as people and equal members of the team. This is HONOR and COMMITMENT. Every time your duties call on you to make a judgement call you exercise COURAGE by providing honest and sometimes difficult recommendations and decisions.

From the Skipper continued on page 4



Christian

One evening a wife drove her husband’s car to the store and noticed how dirty the car had become. She went to the car wash as an expression of her love for him. As she entered the house she called out to him that “the woman that loves him the most just cleaned his truck.” The husband looked up and said, “Mom’s here?”

Love often; love well.

Healthwatch

Rest a little easier
By Lt. Nate Ruttig



Ruttig

Sleep apnea is a disorder that affects an estimated 10-25 million Americans. However, less than one million Americans know that they have the disorder. Sleep apnea is when a person stops breathing during the night, perhaps hundreds of times, for periods of 10 seconds to a minute each time. The person with sleep apnea does not fully awaken during these periods when they stop breathing, and

this is why most people that have sleep apnea are unaware of it. Sleep apnea leads to daytime somnolence that is responsible for thousands of deaths each year as a result of accidents involving automobiles and heavy machinery.

A person with sleep apnea stops breathing during sleep because their airway becomes blocked. The blockage is only temporary and is caused by tissue in the back of the throat obstructing the flow of air. When this blockage occurs, a person with sleep apnea will temporarily stop snoring and may make gasping sounds. Although a person with sleep apnea does not awaken, their sleep cycle still is interrupted many times a night. Resulting symptoms include daytime somnolence/sleepiness, irritability,

Wingspan

NAS Corpus Christi
“Exceeding Expectations Through Pride In Performance”

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Station Spotlight



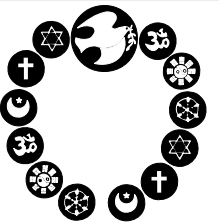
Melanie Peters
Reservationist, CBH

A native of Roswell, N.M, Peters has been working on board NASCC for almost nine years. She is very proud of the fact that she began her career as a housekeeper at the Navy Lodge and worked her way up to her current position as a reservationist. Peters, who “likes to relax” during her spare time, would like to one day own her own business in designer clothing or cosmetology. In the meantime, she enjoys her job at the CBH because “I get to interact with people on a daily basis.” Peters is married and has a 16-year-old son and two daughters, ages 14 and 12.



CE1 Wesley DeVore
Graphic artist, First Lieutenant

Originally from Promise City, Iowa, Devore has 19 years of Naval service and has been everywhere from Gulfport, Miss., and Rhode Island to Port Hueneme, Calif., and Panama during his career. He will be transferring to the Fleet Reserve in August and hopes to work for a major company in the electronics field, setting up uninterrupted power supplies. Devore’s hobbies are computers and art, which come in handy for his current job as a graphic artist for Public Works. “I love to create things; I designed and made most of the new signs that you see around the base,” he proudly said. Devore is married and has a 14-year-old son and 11-year-old daughter.



Worship services

CATHOLIC WORSHIP SERVICE
(At the base Catholic Chapel)

Daily Mass:
Monday - Friday at 11:30 a.m.
CCD: 9 a.m.
Sunday Mass: 10 a.m.

PROTESTANT WORSHIP SERVICE
(At the base Protestant Chapel)

Sunday Bible Study: 8:45 a.m.
Sunday Worship Service: 10 a.m.

JEWISH (At a temple in town)

Friday at 7:30 p.m.
(with dinner to follow)
For further information please call
Temple Beth El at 857-8181.

ISLAMIC

Please contact the Chaplain’s Office
at 961-3751 for more information.
Any questions please contact the
Chaplain’s Office at 961-3751/3752.

NEX Notes

- ❖ Gardening supplies are now sold at the outside dock of your Furniture Store.
- ❖ New patio sets, barbecues, lawn mowers and bagged bulk merchandise are available.
- ❖ New Spring/Summer 2004 Exchange catalog is now available for the exclusive use of authorized exchange customers throughout the world. This includes active duty military, retirees, reserves, National Guard personnel and their dependents, and any other civilians with authorized exchange privileges. A wide variety of merchandise is available and orders placed are received within two weeks. Supplemental catalogs are also available for Home Decor and Palm Beach Jewelry Fashion Collection.
- ❖ Now open: Lapacada TexMex, located at the Citgo Mini Mart, and the Prop Cafe at Hanger 57, for the very best in fast food. Breakfast and lunch served.

Blue Angels need more enlisted applications
From Blue Angels Public Affairs

The Navy Flight Demonstration Squadron (Blue Angels) announced there is a shortage of qualified enlisted applications for the 2005 season. The application deadline is April 1, 2004, and selection results will be available no later than June 1, 2004.

According to Chief Aviation Electrician’s Mate (AW) Louis Arrazola, Blue Angels command career counselor and applications chief, various aviation ratings are needed to fill billets for the 2005 season.

“We put the word out two months early last November to give West Coast Sailors an opportunity to interview while we’re doing our winter training in El Centro, Calif.,” he said. “That was done to save them the money for the cost of travel to Pensacola, Fla.”

All Navy personnel with projected rotation dates in July 2004 through February 2005 are being considered, but others may apply, pending Blue Angels and detailer approval. Personnel selected will normally detach from their present command in October 2004 and report in mid-November 2004.

Arrazola also said serving with the Blue Angels is a good opportunity for Sailors to demonstrate their talent and skills to millions of spectators throughout North America.

“This is a great opportunity to showcase the professionalism the Navy and Marine Corps have to offer,” he said. “It is also a great chance to travel throughout the United States and Canada.”

Arrazola said there are open billets for aviation machinist’s mate (AD) E-5 through E-7 levels, aviation electrician’s mate (AE) E-4 through E-6 levels, aviation structural mechanic (AM) E-4 through E-6, aviation structural mechanic (equipment) (AME) E-5 level, aviation electronics technician (AT) E-4 through E-6 levels, aviation maintenance administrationman (AZ) E-5 through E-7 levels, storekeeper (SK) E-5 through E-6 levels, and yeoman (YN) E-5 level. YN billets are Type 1 shore duty, and only YNs completing a sea duty tour may apply. A normal tour of duty is three years and is considered Type 2 sea duty for rotational purposes. Outstanding E-4 performers will be considered.

Application details are outlined in NAVADMIN 298/03. Additional information and applications are available at www.blueangels.navy.mil or by contacting Arrazola at DSN 658-2551/2505 or commercial (760) 339-2551/2505. After March 2004, contact him at DSN 922-2583 ext. 152 or commercial (850) 452-2583 ext. 152 or by e-mail at louis.arrazola@navy.mil.

PAID CLASSIFIEDS

Enjoy More Golf. Save money on the purchase of a new set of clubs. 1-3-5 woods and 3-pitching wedge stainless steel irons \$185. Standard size or call for fitting. 991-3122. Also at Cimmaron Driving Range. 4/5

Powder Coating. Durable baked on finishes, over 150 colors in stock. Custom holographic and candy colors available. Protective powder coatings 361-854-7911. www.protectivepowder.com. 12/6

FREE CLASSIFIEDS

Large house for rent on Padre Island. 3BR/3BA house on canal. 5 minute walk to Bob Hall Pier and beaches. Over 2200SF, 2 living areas, 2-car garage, 800SF tiled patio, hot tub, boat dock and lift. W/D and fridge included. Pets and kids OK. \$1500.00 deposit, \$2000.00 per month rent plus utilities. Available in early April. 1 or 2 year lease acceptable. (361) 949-1221.

For Sale: Timber-Bilt Pine Bluff Swing Set. Pre-assembled with pre-treated wood and can deliver if needed. Call (361) 937-6817 if interested. Moving, must sell. \$250 OBO.

For sale: Whirlpool Refrigerator. Like new. Frost free. Ice maker. Reversible doors and shelves. 18.1 cu ft. Height 66 in. Width 30 in. Delivery negotiable. \$250. Call 939-9696.

For Sale: 1999 Ford Taurus, very dependable, loaded, immaculate, 126K. \$3800. OBO. 877-7764.


For Sale: 7 pc. Duncan Phyfe Dining Set \$795; Kenmore side by side fridge \$195; 36" Sony Wega Trinitron HDTV Flat Screen \$1300 (paid \$2200) Info: 937-1809.

HOW TO PLACE A CLASSIFIED AD

Free Classified AD in Wingspan, for all Military and DoD Personnel (non-commercial ads only) submit via e-mail to: nanrantx@yahoo.com or fax to 361-884-9019 or call 814-0866. Free ads subject to number of words and space limitations.

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Mess Management Specialist (MS) rating name change to Culinary Specialist (CS)

 To more accurately reflect the special skills and professional expertise held by members of the Mess Management Specialist (MS) rating, the Navy is changing the name of the rating to Culinary Specialist (CS).

The rating’s progression, from cook to commissary man to mess management specialist and finally to culinary specialist, is a natural one and in keeping with the Navy’s tradition of defining a Sailor’s occupation in contemporary terms -- those that better define the tasks to be performed and the skills needed to perform them.

This name change will further align the rating with the civilian culinary profession and associated civilian certifications, and more appropriately captures the 21st century roles and responsibilities of sailors with these unique skills.

Those in the current mess management specialist rating will automatically be converted to the culinary specialist rating effective immediately. Requests for conversion -- from sailors or commands -- will not be required.

The rating badge of crossed keys and quill superimposed upon an open ledger is being retained for Culinary Specialists.

Safety Sound-off

Motorcycles: Increasing driver awareness

More than two-thirds of the time when cars and motorcycles crash, the driver causes the wreck, not the motorcyclist. Most of the time, the driver of the car didn’t see the motorcycle. Here are some tips for motorcyclists to help them stay visible:

1. Don’t assume a driver can see you. The primary precautions are: helmets with retro-reflective materials; bright, contrasting clothing; fluorescent vests.
2. In 23 states, motorcyclists must keep their headlight on at all times. It is a good idea everywhere.
3. If you can’t see a driver’s face in his rear-view mirror, he can’t see you either. Be aware when you are in a blind spot.
4. Use your turn signals and don’t make any sudden moves.
5. The most likely situations for a wreck:
 - A car turning left in front of you.
 - A driver changing lanes or turning when you are in his blind spot.
 - Road hazards (potholes, standing water, railroad tracks) that make drivers do something sudden or unexpected.

SECNAV urges Sailors to register to vote

Special message from Secretary of the Navy Gordon R. England

Today, Sailors and Marines are deployed throughout the world, often in harm’s way, protecting our nation and supporting the cause of freedom and democracy. In many places, the struggle centers on one very basic but powerful principle of democracy - the right to vote.

In our country, we have that right as a result of past and present sacrifices of U.S. service men and women like you.

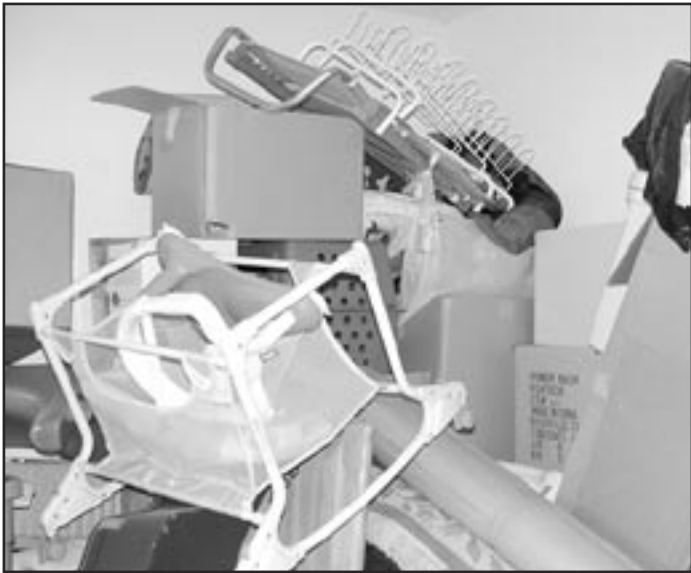
Therefore, it is particularly appropriate that you, who protect this right for all of us, also exercise this right for yourself. It’s your sacrifice, it’s your country, and it’s your future. You’ve earned this right, and your vote counts.

I encourage you to register to vote early this year. Do it now to eliminate potential problems later. Your command’s voting assistance officer has the absentee voter registration materials.

Thanks for your untiring service to America and our democratic ideals. God bless you and your families, and God bless America.

*****NAS Corpus Christi’s Voting Assistance Officer is Lt. Heather Coats. She can be reached at 961-2619. *****

Base wide garage sale



Does your garage look like this? Get rid of that clutter by signing up for the base wide garage sale, held on the last Saturday of every month from 8 a.m. to 1 p.m. in the commissary parking lot. Tables, chairs and electricity are not provided. The garage sale is open to anyone who has access to the base. The next garage sale will be held on Feb. 28. For more information or to sign up, contact NCCS Chuck Chadrick at 961-3611.

From the Skipper continued from page 2

We are a nation at war without and within. Our core values are the common threads that unite us as a team and helps us accomplish together what none of us could achieve alone. Our ability to rely on each other is founded in the knowledge that each of us will honor the other under these common values. Live them; they have and will continue to ensure we serve the nation well.

MWR News and Events

Child Development Home Program (CDH): The Child Development Home Provider Program, headed by Leonora Apiado and Ann Wise, is an excellent program that helps military families meet their obligations by providing quality childcare in a loving home-like environment. The Child Development Home Program prides itself in having the “best of the best” providers in it’s program. The list of CDH providers has 13 on-base homes and four off-base homes to chose from to meet your child- care needs.

For more information concerning the Child Development Home Program or the Child Development Program, please call 961-1165.

Civilian Morale, Welfare and Recreation Activity (CMWRA)

CMWRA Annual Retiree Party: Mama Mia! It’s the time of year again for the annual CMWRA Retiree Party. Come enjoy a little bit of Italy at this year’s grand event to be held on Feb. 27, 2004 at the Gulf Stream Recreation Center from 4 p.m. to 9 p.m. This fun time is for all retirees; civilians, military and Winter Texans included. The night’s events will include an Italian menu with all the fixings, live entertainment from Dennis Gilley and the Milestone Band and great door prizes! This night of food, fun and friends is absolutely FREE so mark your calendar and we’ll see you there.

For more information, please call 961-3476.

CMWRA 4th Annual Dominoes Tournament: CMWRA is hosting the 4th Annual Dominoes Tournament. This year’s tournament will be held on Thursday, March 11, 2004 at the Gulf Stream Recreation Center at 4 p.m. This long awaited event is absolutely FREE to everyone. Pre-registration is now being held at the CMWRA office located at Bldg. 249. Festivities for this fun-filled evening will include FREE food, door prizes, and a grand prize drawing. To qualify to win the grand prize, please pre-register prior to the day of the event. Don’t wait any longer, register early for a chance to win!

The menu for the event will include “turn & burn your own steak” with all the trimmings. A FREE t-shirt will be given to the first 50 guests, so arrive early and get your very own coveted “4th Annual Dominoes Tourney” t-shirt. Trophies and championship jackets will be awarded to 1st, 2nd, and 3rd place teams as well as bragging rights for holding the CMWRA Domino Championship Title for 2004! Each team player will receive a set of dominoes just for participating. Volunteer referees are needed for this event; contact Monica Zamorano at 961-3476 if you’re interested.

For more information, call the CMWRA office at 961-3476.

Corpus Christi Bay Club

Specials for February:

Feb 21: Stuffed salmon - \$13.95

Feb 28: Flaming kabobs - \$13.95

All the above specials are served along with the a la Carte from 5 p.m. to 9 p.m. Prices are for club members. An additional \$1 per person is added for non-members. Salad, ice tea or coffee are included with all meals. **Reservations are required for the specials in order to serve you better.**

Special Events for February:

Feb 20: Winging ceremony will be held in the main ballroom at 3:30 p.m.

Feb 20: Winter Texan’s and Member’s Appreciation Night with all you can eat Shrimp-A-Peel from 5 p.m. to 9:30 p.m. Cost is \$14.95 for members and \$16.95 for non-members.

Feb 20: All you can eat Shrimp-A-Peel

Feb 27: Mongolian BBQ

E-Street Gym:

Naval Air Station 5K Run Club: The first run of the season will be the “5K Fun Run” on Feb. 21 at 8 a.m. As an incentive, runners completing their first run will receive a 5K Run Club t-shirt. Runners can wear their shirts to other running events to support NAS Corpus Christi.

Captain’s Cup Tennis Singles Tournament: Register at the E-Street Gym before Feb. 27. The tournament will begin in March and end in May. Players will schedule their own matches.

Naval Air Station 5K Run Club Schedule:

<u>Event</u>	<u>Date</u>
5K Fun Run	Feb. 21
Captain’s Cup 5K Run	March 20
Earth Day 5K	April 17

Summer Starter 5K	June 26
Naval Air Station 5K Run	Aug. 21
Autumn 5K Run	Oct. 23

Sports At A Glance:

<u>Event</u>	<u>Date</u>
Captain’s Cup Softball	April-June
Captain’s Cup Soccer	April-May (Saturdays)
Captain’s Cup 5K Run	March 20
Captain’s Cup Golf	April-August

For more information call the E-Street Gym at 961-2401.

Fitness Express:

Personal Training: Be sure to sign up for free personal training for all members of the fitness center. A balanced, safe and effective training program is yours for the asking. The program will be individualized to meet your personal goals. Slots fill up quickly, so sign up early and don’t miss out on this awesome member benefit. One-hour assessments are also free of charge. Flexibility, cardiovascular endurance and strength are tested. Body composition and blood pressure are also measured.

Free Salsa Dance Classes: Everyone is invited to join in an eight-week salsa dance lesson class sponsored by CMWRA. This class is open to anyone and everyone and better yet, it is FREE. So, round up your friends and come out to the Fitness Express Center and learn some of the hottest salsa dance steps while getting a good workout at the same time. Classes will be held twice a week. For time and days, call the Fitness Express Center at 961-3164.

Towel Coins: For one dollar, you may purchase a towel coin. This coin may be traded for a towel when you arrive at the fitness center. When the towel is returned to the front counter, the coin will be returned.

Get Fit Program: This program is already underway, but it’s not too late to sign up. The Get Fit Program is a new incentive program that will help get you on the road to fitness. Not only will you get in shape, but you will also have a chance to win some really great prizes.

For more information, please call the Fitness Express Center at 961-3164.

Gonzalez Liberty Program

Feb. 26 - Big Ben Games: The Liberty Center has a new addition of jumbo size games. Come and spend the evening with us and be entered into a drawing for the end of the night prizes.

For more information, call the Gonzalez Liberty Center at 961-6405.

Parting is not such sweet sorrow



Photo by Bill W. Love

HMCN(SS) William Patterson exhibits conspicuous joy while accepting his end of tour award from Capt. Alton L. Stocks, Naval Hospital Corpus Christi commanding officer. Patterson received the Navy and Marine Corps Commendation Medal (gold star in lieu of second award) for meritorious service as Leading Chief Petty Officer, Branch Medical Clinic, Naval Air Station, Kingsville, Texas, and Assistant Department Head, Education and Training Department, Naval Hospital Corpus Christi, Texas, from July 2001 to January 2004. Although sad to leave NHCC, Patterson was elated over the prospect of returning to the submarine fleet aboard the USS Louisiana (SSBN 743) in Kings Bay, Georgia.

A family affair



Photo by Bill W. Love

Capt. Evan Applequist, DC, USN, director Branch Dental Clinic Corpus Christi, gets a well deserved hug from his daughter, Lauren, 6, and son, Cory, 8, during his promotion ceremony on Feb. 5 while their mom looks on with obvious approval. Applequist has been the director of the dental clinic for the last four years. This summer he will transfer to the Comprehensive Dentistry Staff and Presidential Support Team at the National Naval Dental Center, Bethesda, Maryland. His wife, Cmdr. Christie Applequist, NC, USN (left) is the Clinical Management Support department head at Naval Hospital Corpus Christi.

Rendering honors



Photo by HM2 Lisa Haswell

Sideboys from Naval Hospital Corpus Christi (NHCC) render honors while the Boatswain’s Mate pipes EN1 (SW/AW) Jaime Eddins ashore during a ceremony marking her transfer to the Fleet Reserve aboard the USS Lexington (CV 16) Museum on Jan. 23. Eddins, from NHCC’s Transportation Division, retired after 20 years of Naval service. She is pictured here wheeling her 74-year old dad, “R.C.,” past the honor-rendering sailors who proudly acknowledged the 350 miles that he traveled, despite very serious illness, so that he could be present at his daughter’s ceremony. Eddins and her family are from Kountze, Texas.

AWARDS & ACHIEVEMENTS

VT-35 Awards

Cmdr. William Mosk, VT-35 commanding officer, presented the following squadron individuals with their respective awards during a ceremony at hangar 55:

(Photos by Lt. Robert Macri)



Lt. Andy Barlow, Air Medal first strike award for his contributions during Operation Iraqi Freedom.



Capt. Tony Strickland, end of tour Air Force Commendation Medal



Lt. Tony Thompson, end of tour Navy Commendation Medal

Civil service retirement



Photo by Bob Torres

Capt. Paula Hinger, NASCC commanding officer, presents a plaque to Dwight Rich of NASCC's Pass Liason Office as a token of appreciation upon his retirement from the civil service on Jan. 29.

Navy Achievement Medal



Photo by PH1 Charlo Whorton

Cmdr. Al Alabata, NASCC executive officer, awarded a Navy Achievement Medal to QM1 Kevin Johnson during a ceremony at DETFAC. Johnson earned the award for his previous tour of duty on board USS Avenger (MCM 1).

Fair winds and following seas



Photo by JOC Rita Chadrick

CMDM(AW/SW) Eric Thomas (right) presents a shadow box to ABHC(AW/SW) Donnie Banks during a ceremony on Jan. 30 marking Banks' transfer to the Fleet Reserve after 20 years of Naval service.

Civilian of the Year



Photo by PH1 Charlo Whorton

Capt. Paula Hinger, NASCC commanding officer, presents a certificate to Joanne Patterson of NASCC's Safety Dept. recognizing her as the base's General Schedule Civilian Employee of the Year.

Congratulations new aviators!



Photo by Ensign Catherine Dow

The following individuals received their "wings," designating them aviators, during the first winging ceremony of 2004 at the Bay Club on Jan. 23. In alphabetical order: Ensign David Ashby, USN; Lt. j.g. Jeff Close, USCG; 2nd Lt. Ralph Coleman, USAF; 2nd Lt. James Dennis, USAF; 1st Lt. David Dodge, USMC; Ensign Gabriel Dunston, USN; 2nd Lt. Bret Echard, USAF; 1st Lt. Gregory Fletcher, USMC; Capt. James Hawkes, USAF; Ensign Steven Heggie, USN; Ensign Kerry Hicks, USN; 2nd Lt. Matthew Horner, USAF; Ensign Theodore Kubisiak, USN; 2nd Lt. David Lenhardt, USAF; 2nd Lt. Patrick McBride, USAF; Ensign Derek McHaney, USN; 2nd Lt. Nathan Perry, USAF; 2nd Lt. Michael Predergast, USAF; Ensign David Savery, USN; 2nd Lt. Kevin Seay, USAF; Lt. j.g. Jason Slabaugh, USN; 2nd Lt. Virginia Stutes, USAF; 2nd Lt. Andrew Walker, USAF; Ensign Nathan Winters, USN.

HM-15 awards

Cmdr. Paul Lluy, HM-15 commanding officer, awarded Navy Achievement medals to the following individuals during a recent ceremony at the squadron:



AE1 Rodolfo Lopez



AO1 Brian Cribb



AM3 Aimee Anderson



SK2 Fernando Isip